

# Barbering: Beard Trim



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## Learning outcomes

- Maintain effective and safe methods of working when providing a beard trim and tidy for a client with suitable products, tools, equipment and accessories.
- Create a balanced beard trim and tidy for an individual client, provide suitable aftercare advice and demonstrate professional, creative skills.

## Introduction

### Beard Trim and Tidy

This beard 'trim and tidy' service is popular with males who wish for a clean, professional look when leaving the salon and helps the client to manage his look.

### Consultation:

Work to the client's preferences and requests but be sure to base the look on the client's face shape e.g. the customer may suit just a beard shape up/chin strap or various moustache and goatee designs instead of his current beard shape.

Identify any hair growth patterns, moles, skin tags or spots that may affect the service. Take into consideration any lifestyle factors e.g. suitability for occupation, age and maintenance of look. If shaving, check if the client has any allergies or contra-indications that restrict the full service e.g. using medication such as blood thinners like Warfarin?

## Tools required for this treatment

- Gown and towels
- Shavette
- Safety Razor & Blades
- Shaving Soap/Gel
- Aftershave Lotion/Gel
- Lather Bowl
- Shaving Brush
- Cotton wool pads for eyes
- Barbicide
- Gloves
- Clippers
- Mini-Clippers/ Detailers
- Clipper Grades

N.B. Customers can also bring in their own products that they use at home if it makes them feel more comfortable.



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## Step 1

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- Check your client is positioned comfortably, your tools and equipment are in good working order and that any sharp tools such as clippers or accessories you are using are not damaged or so sharp as to scrap the skin of your client or pull their hair.

- If you are shaving the outline of the beard then use a clean blade with each customer. Always place your razor in a steriliser (following manufacturer's instructions) before performing the shave to reduce cross contamination.

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## Step 2

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- After your consultation, your customer should be seated in the barber chair with the supporting head rest. This is then reclined to a comfortable position for both them and yourself. Cover the client's eyes with damp cotton wool pads to prevent any hair clippings going in their eyes.

- Comb the beard to detangle. Starting at the sides use your clippers to create the shape and reduce the bulk of the hair. Blend the sideburns into the main part of the beard.

A variety of techniques can be used including freehand with clipper and comb for longer looks to clipper grades for shorter more defined looks.

Scissor and comb can be used to cross-check and blend as well as tidy the length of the beard.

Use your mirror to ensure your look is balanced. Check the shape and length meets the client's needs as you progress.

Eyebrows can also be trimmed now keeping the eyes shut.

## Step 3

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Next define the hair at the lip area keeping the thickness in line with the rest of the beard. This can be done with the clippers or scissors.



To achieve a professional and tidy look the outline of the beard can be shaved with a razor. First, apply some shaving gel to the desired area.

As each customer's beard hair growth is different ensure you shave following the hair growth pattern or 'grain' first then repeat by shaving against the grain. If the skin is sensitive then shave at an angle to the grain.

Keep your blade at a 45° angle and stretch the skin with your other hand to stop the blade from catching. Shave in sections of 2.5 cm/ 1 inch being sure to avoid repeatedly going over the same patch of skin as this will cause damage and create sensitivity.

## Step 4

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Apply aftershave gel to the shaved areas. Massage some beard oil into the beard hair to soften and condition it.

## Client aftercare advice

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**Products** –Advise on products that your customer can use on his skin in between beard trims as well as beard oils to soften the beard hair.

**This worksheet is accompanied by a video. Watch and practice your professional barbering skills by using both resources to enhance your learning.**



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